



RESULTS SCRIPT INSTRUCTIONS

1. DECIDE ON THE RESULT YOU WANT TO ACHIEVE.

- Choose the result you want to attain
- Ensure that you are stating the result as if you have already attained it
- Ensure that there are no action words in your statement

Eg. I now have my newly built cedar home in the Rocky Mountains.

2. FEEL THE RESULT

- Bring up the image in your mind of you having attained your result
- See yourself placed in the situation as if you are already there
- Begin to feel the emotion of attaining the result

Note. Watch that you are not looking at yourself in your vision. You should be seeing your results achievement as if viewing it from your own eyes.

Eg. If you want to be a public speaker, do not see yourself on the stage, be on the stage and see the people in the audience looking up at you.

3. WHAT WILL YOU GIVE IN RETURN?

- State what you will give in return with your actions while you move towards your results
- See yourself giving your service to people and how you are delivering it
- Begin to feel the emotion when you receive appreciation from others

Note. To receive anything, we must first give out. Decide what you will provide to others that will in turn bring back what you want in life.

When you craft your statement, it should be detailed enough to stir up an emotion inside of you. If it does not, then you have either not set the right result, or you have the right result, but are having a problem envisioning it in your mind. This might take a little bit of practice if you are not used to it.

Example Statement

I am so happy and excited to now be in my newly built 3000 sf home located in Lake Country, BC. I acquired the money to receive this home by providing quality real estate services, delivered with honesty and integrity to my loyal and committed clients throughout Seattle. I am grateful to the people who helped me along the way and am worthy to achieve this result.

Finally, once you prepare your statement, make sure you post in places that you can remind yourself of it several times a day. The more you see it and feel it, the faster you will move towards it!

Remember, if you ever need help with any of these steps, please contact the office at info@dreampath.ca.

Happy Scripting Your Results.

Fran Banting 604-880-5889

Results Script

I am so happy and grateful now that:

www.franbanting.com

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